

**NOVEMBER/DECEMBER 2017**



**BRANCH OUT  
WITH FRIENDS**

MONTHLY  
**SOCIALS**

2018 TRAVEL  
**OPPORTUNITIES**

DISCOUNTED HEALTH  
**SCREENINGS**

## WESLEY FRIENDS STAFF

Wesley Friends invites you to visit our office anytime and meet our wonderful staff and volunteers.



**Mark Bretches**  
Manager

“Wesley Friends is one of the most fun groups I have ever had the privilege of being a part of. The members of Wesley Friends are some of the nicest people I have ever met.”



**Erin Givens**  
Administrative Assistant

“I am thrilled to be working for Wesley Friends, and I am excited to meet everyone!”



# WESLEY FRIENDS

**(316) 962-8400**

**Office Hours: 7:30 a.m. - 4:00 p.m. Monday-Friday**

Open doors to the best times of your life! Suddenly, there are more people to meet, more places to go and more interesting things to do. When you join our social club for those 50 and over, the fun potential in your life expands by leaps and bounds. We have thousands of members enjoying discounts as well as exclusive social, travel and health education opportunities. Wesley Friends is a program affiliated with Wesley Healthcare. Annual membership is only \$15 a person. Here are some of our upcoming events:

### MEET NEW FRIENDS!

- Monthly dinner socials with guest speakers & entertainment
- Monthly health screenings

### SEE THE SIGHTS!

(READ MORE ON PAGES 6-7)

- Visit the Outhouse Capital of Kansas
- Join us for a festive getaway in Dallas, TX

## WESLEY FRIENDS BOARD MEMBERS

**Randi Williams**, President

**Jerry Wagner**, Vice President

**Rose Stroud**, Treasurer

**Allen Poston**, Senior Management

**Mark Bretches**, Manager

**Lois Brooksher**

**Susan Brumbaugh**

**Diana Day**

**Marie Krehbiel**

**Marlene Moore**

**Martha Sharp**

**Gene Smith**

## A THANKSGIVING MESSAGE: BEING THANKFUL RATHER THAN FEARFUL BY SHOOTING SURVIVOR, JULIE DOMBO.

Thursday, November 9, 11:30 a.m., Central Community Church

Don't miss another inspirational message from Julie Dombo, a former middle school counselor who lost her hands and feet after being shot multiple times during a robbery at a cellphone store in Derby.



Dombo, a quadruple amputee, shared her survivor message of optimism, perseverance and saviors with Wesley Friends members at the May social. She was such an inspiration that we have invited her back for our Thanksgiving social. She will share a message of being thankful in life rather than fearful. She will tell us a personal story about a relative's fear of aging versus her thanksgiving for being alive. Invite a friend, enjoy a yummy Thanksgiving meal and reflect on the true meaning of the season.

## CHRISTMAS CONCERT: MENNONITE YOUTH CHOIR WILL ENTERTAIN WITH CHRISTMAS MUSIC

Thursday, December 14, 11:30 a.m., Central Community Church

Get into the holiday spirit as the youth choir from the Homeland Mennonite Church, from Montezuma in western Kansas, sings beautiful Christmas music and other selections. The a cappella choir, composed of teenagers from the church's youth group, has sung at Wesley Medical Center, retirement homes and other places in Wichita for many years. This is a concert you won't want to miss. Invite a friend and join us for a tasty meal and Christmas music. A love offering will be taken to help defray the cost of their travel.



## JOIN OUR FUN MONTHLY SOCIALS

Our monthly socials feature a delicious meal along with a guest speaker or special entertainment. The cost is only \$8 a person, payable upon arrival.

**WHEN TO ARRIVE:** Arrive any time after 10:30 a.m. for coffee and socializing. The meal starts at 11:30 a.m. with multiple serving lines that move quickly. The entertainment or speaker begins after the meal. The social ends around 1:15 p.m.

### WHERE:

Central Community Church  
6100 W. Maple St.  
East entrance, near the north end

**TO RSVP:** Call the Wesley Friends office at (316) 962-8400 no later than the Monday before the social. We are required to pay for the number of meals we request, so if your plans change and you can't attend, please call as soon as possible. For those attending for the very first time, an ambassador will meet you at the door, introduce you to other people and invite you to sit at his or her table.

# COME HAVE FUN WITH US!

## NOVEMBER

**Potty and Pottery Tour** - SOLD OUT  
Friday, November 17

The day starts with a stop in Dexter, KS, at the world-famous, family-operated Henry's Candy Co. Visitors have picked up favorites like taffy, suckers, mouth-watering chocolates and even difficult to find hard candies, such as horehound, for over 60 years. We'll arrive in time to watch candy-makers create their specialty items.

Elk Falls, with fewer than 200 people, is the self-proclaimed Outhouse Capital of Kansas. Enjoy a homemade lunch before beginning the annual Outhouse Tour. Vote on your favorite outhouses competing for the coveted annual title. Then explore the quilt show, arts and crafts show and a pottery demonstration at Elk Falls Pottery.



## DECEMBER

**Christmas Memories**

December 8-10

Join us for a festive getaway taking place in Dallas, TX. During these three days we will attend the **Texas Star Dinner Theatre** and take part in their hilarious interactive murder mystery holiday production, as well as visit the **George W. Bush Presidential Library and Museum** to look at the life and career of the 43rd president. We will also take seats for Prestonwood Baptist Church's performance "**The Gift of Christmas**," which is an annual holiday tradition with thousands of guests in attendance every year. This visually stunning multimedia event has special effects, a nearly 1,000-member cast and choir, live orchestra, flying angels, animals, and choreography enhancing the message of the Greatest Story Ever Told!

**Cost is \$529 - PER PERSON DOUBLE**

**\$639 - SINGLE**

**\$499 - PER PERSON TRIPLE**

**\$479 - PER PERSON QUAD**

**Note: A \$50 deposit per person is required.**

To make a reservation, call Village Tours and Travel at (316) 721-4455 or (800) 333-0312.

# 2018 TRAVEL OPPORTUNITIES

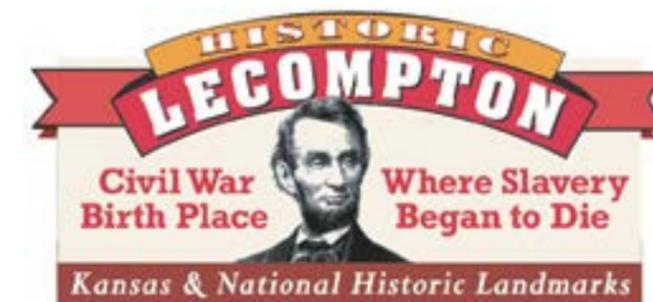
## JANUARY

**Sumner County**

Tuesday, January 23

It's always exciting to find hidden treasures in unexpected places, so we're heading south a bit to visit some fascinating attractions! Start out at the Cherokee Strip Land Rush Museum in Arkansas City. Organized in 1966, the museum began as an effort to preserve the history of the Cherokee Strip Land Rush of Sept. 16, 1893, and the culture of those who lived in the area. The "Run" was the largest race ever, with over 110,000 people racing to own a piece of 7 million acres. Nearly 45,000 artifacts, pictures and documents are housed for exhibit and research at the museum, which celebrates a rich local history and area connections to Native Americans and the westward pioneers. Lunch is at the Bordeaux Burger Barn in Peck, followed by a visit to the National Glass Museum in Wellington. The building is packed with beautiful American-made glassware dating from the 1800s to the 1970s. It features more than 18,000 pieces of donated glass and has a gift shop as well. The adventure isn't finished yet, though. On the way home, visit the Wyldewood Cellars Winery for a wine tasting.

Cost is \$75 per person, which includes motorcoach transportation, admission and one meal. To make a reservation, call Village Tours and Travel at (316) 721-4455 or (800) 333-0312.



## FEBRUARY

**Kansas History Tour**

Wednesday, February 21

Relive Civil War history during a day trip to Lecompton. Discover the time predating statehood and learn about the pivotal role Kansans had in shaping a free nation. Our experience begins with an interactive play that brings a volatile 1850s Kansas town hall meeting to life. Tour the Territorial Capital Museum, which houses important documents that sparked events leading up to the Civil War. Lunch is served at a historic 1800s church that features a restored antique 1888 Chickering Grand Piano. Then we visit Constitution Hall and the 1892 City Jail. We'll find out why Lecompton was named a "Best Small Town in Kansas"! Return home refreshed from a fun and interesting day away.

Cost is \$109 per person, which includes motorcoach transportation, admission and one meal. To make a reservation, call Village Tours and Travel at (316) 721-4455 or (800) 333-0312.

# 2018 TRAVEL OPPORTUNITIES

## MARCH

### Famous Dodge City

Tuesday, March 27

The exciting and unique story of early Dodge City is told daily along Front Street at Boot Hill Museum. The area's rich history dates back to the Native Americans who thrived off the land and the buffalo. The establishment of the Santa Fe Trail brought settlers to the area and introduced the potential of what is known as the Great American Desert. The arrival of the U. S. Army prompted the building of Fort Dodge and soon to follow was the establishment of a rough and rowdy cattle town known as Dodge City. Law and order was soon recognized, and Dodge City became a civilized frontier town and a center of commerce on the prairie. Today visit the Boot Hill Museum, which is located on one of the original Boot Hill sites and highlights the glory days of the Queen of the Cow towns with creative, lively, interactive displays and activities we can enjoy. Lunch will be provided. There's even an old west saloon, general store and a gift shop that might suit your fancy. Return home from Dodge after a fascinating day away!

Cost is \$129 per person, which includes admission, motorcoach transportation and lunch. To make a reservation, call Village Tours and Travel at (316) 721-4455 or (800) 333-0312.



## APRIL

### Awesome Arkansas

April 4-6

**Day 1: Hot Springs, AR** – Escape to Hot Springs, a healing haven since at least the 1500s. Known for its natural thermal spring waters, the city also has a seedy history coinciding with the serene exterior. See what drew gangsters, baseball players and Spanish explorers to the heart of Arkansas. There's no doubt about what draws us: fabulous scenery, fascinating history and an exciting equestrian experience. Enjoy dinner this evening, followed by the first of a two-night stay in historic Hot Springs.

**Day 2** – One of the nation's first resorts, Hot Springs has remained a favorite place to relax and restore health for many generations. This morning, get acquainted with Hot Springs at its most elegant former bathhouse, the Fordyce. Now a visitor's center, the building still radiates charm and luxury. Then, we're off to the races! Oaklawn Jockey Club offers top quality thoroughbred racing, and the excitement will be contagious this afternoon! It will be easy to get lost in the fun and strategy at the races, whether you're a veteran wagerer or a first-time observer. Enjoy lunch here as well. This evening, board the Belle of Hot Springs for a pleasant dinner cruise on beautiful Lake Hamilton.

**Day 3: Home** – Lunch is provided. The miles will go quickly as we relax on the way home from a refreshing Arkansas getaway!

Cost is \$529 per person double. To make a reservation, call Village Tours and Travel at (316) 721-4455 or (800) 333-0312.

# UPCOMING TRIPS FOR 2018: A YEAR AT A GLANCE

You'll want to plan ahead with these fun, friendly Wesley Friends travel opportunities in 2018!

## JANUARY 23

### Sumner County, \$75

National Glass Museum (Arkansas City) and Cherokee Strip Land Rush Museum (Wellington), Wyldewood Cellars Winery (Mulvane) & lunch at Bordeaux Burger Barn (Peck).

## FEBRUARY 21

### Kansas History Tour, \$109

Territorial Capital Museum, Constitution Hall, Bleeding Kansas play performed by The Lecompton Reenactors (near Lawrence, KS).

## MARCH 27

### Famous Dodge City, \$129

Boot Hill Museum, Saloon & gunfight.



## APRIL 4

### Awesome Arkansas, \$549

Hot Springs, AR, Mammoth Site, Winery, Belle of Hot Springs, Oaklawn Horse racing and other highlights of "The Natural State."

## MAY

### Oklahoma Winery Tour, TBD

Visit three Oklahoma wineries – learn about the vineyards, stomp grapes "I Love Lucy" style, sample and shop.

## JUNE

### Steamboatin' & Choo Choo, TBD

Experience Illinois from the water and rails.

## JULY

### Historic Fort Scott, TBD

Mansion tour, step on guide and Fort Tour.

## AUGUST

### Washington, KS, TBD

Tour Kansas Specialty Dog Service training facility and eat at MarCon Pies.

## SEPTEMBER

### New England/Nova Scotia Cruise, TBD

Experience the beautiful fall foliage along the East Coast up to Nova Scotia!

## OCTOBER

### Fall Farm Tour, TBD

Cowskin Creek Clydesdales & Klausmeyer Dairy Farm.

## NOVEMBER

### Tremendous Tulsa, TBD

Glassblowing School, Woody Guthrie Center & Philbrook Museum.

## DECEMBER

### Overnight Christmas Mystery Tour, TBD

To who knows where?!?!?



\*You can only make reservations for the trips that have prices listed. Any trip that has "TBD" is NOT yet available to make reservations

# A PICTURE'S **WORTH** A THOUSAND **WORDS**

These fun images are from our recent trip to Tennessee.



## WESLEY CHILDREN'S HOSPITAL CELEBRATES ITS ONE-YEAR ANNIVERSARY SERVING KIDS

The \$28 million facility is now 1 year old and still growing. Future plans include an upgrade to the Wesley Children's Hospital ER and more specialists.

Wesley Children's Hospital, the region's first and only dedicated hospital designed, built and equipped exclusively for children, celebrated its one-year anniversary this month – with a birthday party for staff and patient families.

Since the announcement to build the \$28 million children's hospital in 2015, Wesley has recruited 12 pediatric subspecialists and four hospitalists to its pediatric services team. Physicians recruited this summer include a pediatric plastic surgeon, pediatric pulmonologist and non-operative pediatric orthopedic physician. Wesley now offers care in 22 pediatric subspecialties.



“Wesley Children's Hospital is not just bricks and mortar. It's the people and programs inside these four walls that have made all the difference – and we have only just begun,” said Bill Voloch, CEO. “We will continue our efforts of building a world-class pediatric hospital that puts the needs of its patients and their families at the forefront.”

## WESLEY CHILDREN'S FOUNDATION GIVES GRANTS TO HELP KIDS IN COMMUNITY



The Wesley Children's Foundation has issued its third set of community grants this year, bringing its total giving in 2017 to \$66,752 so far.

“It's very exciting to see the support the community has given the foundation,” said Jill Bosley, foundation executive director.

The foundation's board of directors reviewed grant applications for its August 2017 cycle and awarded \$18,500 to a selection of healthcare-related programs.

In addition, the board allotted \$35,000 in

direct patient assistance. This money is used to help pay for medications and items such as durable medical equipment for patients in need.

“Wesley Children's Foundation is excited that we have been able to fund so many great programs so far,” she said. “The grants we've funded have touched so many children's lives, and we want to continue to support sick Kansas kids and their families as much as we can. Of course, none of this could be possible without our generous donors.”

For more information, contact Jill Bosley, executive director, at 962-2403.

## PATIENT STORIES

A quick peek at some positive reviews patients and families are sharing on social media, celebrating the amazing work that takes place every day at Wesley Healthcare by the employees and physicians committed to the care and improvement of human life. (Edited for clarity and patient privacy.)

### WESLEY MEDICAL CENTER

“Absolutely the best experience! I've never had surgery before (besides my wisdom teeth), but the staff was so incredibly amazing that I wasn't even nervous at all! Even when I was in the OR I wasn't nervous because everyone was extremely nice, comforting, acted like I was family to them, and they were going to do everything possible to make sure I was OK. They explained everything to me in detail so I wouldn't have any questions and I always knew what was going on!”

“My wife had to come to this hospital for our daughter and I've never seen such a great staff in the labor and delivery. Each lady that assisted us made sure we were comfortable and well-informed. I thank you so much for taking great care of us. The security at the facility makes your stay even more relaxing. I can go on and on but what I'm trying to say is thank you so much!”

### WESLEY EMERGENCY CARE NETWORK

“My [teenage] daughter had a heart attack. The emergency room staff were great at explaining procedures and were all hands on deck due to the nature of the situation. The cardiac care nurses were amazing – very caring, attentive, and patient. Almost everyone we dealt with went above and beyond and we so appreciated it during a very frightening situation.”



## WE VALUE YOUR FEEDBACK

Wesley Friends staff and board members are constantly striving to offer better service and to improve our existing programs and events. We are excited about the trips and activities that are planned in the coming months. As we continue to offer fun opportunities, we value the input and thoughts of our members.

Over the years, we have made many improvements based on the feedback we have received. If you have any ideas, suggestions, concerns or compliments, please contact any of the following people: Any Wesley Friends board member, Allen Poston, VP of Marketing (over Wesley Friends) or Manager Mark Bretches. Thank you for helping us as we continue to serve you.

# NOVEMBER 2017



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |   |
|--------|--------|---------|-----------|----------|--------|----------|---|
|        |        |         |           | 1        | 2      | 3        | 4 |
| 5      | 6      | 7       | 8         | 9        | 10     | 11       |   |
| 12     | 13     | 14      | 15        | 16       | 17     | 18       |   |
| 19     | 20     | 21      | 22        | 23       | 24     | 25       |   |
| 26     | 27     | 28      | 29        | 30       |        |          |   |

RR – Reflection Ridge Retirement Community  
 WW – Wesley Woodlawn  
 CCC – Central Community Church

VT – Village Tours and Travel Departure Center  
 WMC – Wesley Medical Center

Live Well  
 With Diabetes  
 FREE, 9 a.m. - 3 p.m.  
 7001 W. 21<sup>st</sup> St. N.

A Thanksgiving  
 Message from  
 Julie Dombro  
 11:30 a.m. (CCC)

Lunch Bunch, 1 p.m.  
 Olive Garden

Health Screenings  
 7-8:15 a.m. (WW)

Potty & Pottery  
 Tour (VT)

AARP Driving Class  
 8:30 a.m. - 5 p.m.  
 (WMC)

Veterans Day

Thanksgiving

## OUT TO LUNCH BUNCH

Join our fun and friendly group for lunch in local restaurants. Call Wesley Friends at (316) 962-8400 to make a reservation.

### OLIVE GARDEN

Wednesday, November 15 at 1:00 p.m.  
 323 N. Rock Rd.

Olive Garden offers a wide variety of pastas and classic Italian dishes. Start your meal off with soup or their signature salad and breadsticks. Their lunch menu offers a variety of lighter portion meals. Finish the meal off with Tiramisu or one of the other desserts they offer! Olive Garden is conveniently located near Towne East Square Mall, just South of Rock and Central.



There will be no lunch bunch in December.

wesleyfriends.com

## HEALTH SCREENINGS

Expanded benefits  
 for our members

Keep tabs on your health by having your blood levels checked at our monthly screenings. This is a simple blood draw that takes five minutes. Wesley Friends has partnered with Wesley Woodlawn Hospital & ER to offer you this service. Times are 7-8:15 a.m. Dates and locations are:

### THURS., NOVEMBER 16

Wesley Woodlawn Emergency Room  
 2610 N. Woodlawn

### THURS., DECEMBER 21

Wesley Woodlawn Emergency Room  
 2610 N. Woodlawn

Members (you must show your Wesley Friends card at the time of screening to receive discount):

- \$10 for lipid, glucose, hemoglobin
- \$15 for prostate cancer blood test

Non-Members:

- \$15 for lipid, glucose, hemoglobin
- \$30 for prostate cancer blood test

Make your screening reservation by calling the Wesley Friends office at (316) 962-8400. It is important to schedule an appointment so we know how much equipment to bring, so please call if you plan on attending the screening.



| Sunday  | Monday        | Tuesday | Wednesday | Thursday   | Friday   | Saturday |
|---|---------------|---------|-----------|--|--|----------|
|   |               |         |           |  | 1  | 2        |
| 3   | 4             | 5       | 6         | 7  | 8  | 9        |
| 10<br>Christmas Memories<br>Tour<br>Return (VT) | 11            | 12      | 13        | 14<br>Menonite Youth<br>Choir's Christmas<br>Concert<br>11:30 a.m. (CCC) | 15<br>Christmas Memories<br>Tour<br>Departure (VT) | 16       |
| 17  | 18            | 19      | 20        | 21<br>Health Screenings<br>7-8:15 a.m. (WW)                              | 22   | 23       |
| 24  | 25            | 26      | 27        | 28   | 29   | 30       |
| 31<br>New Year's Eve                            | Christmas Day |         |           |  |  |          |

RR – Reflection Ridge Retirement Community  
 WW – Wesley Woodlawn  
 CCC – Central Community Church

VT – Village Tours and Travel Departure Center  
 WMC – Wesley Medical Center

wesleyfriends.com

## WESLEY HEALTHCARE ASSISTS CONVOY OF HOPE

On Aug. 5, Wesley Healthcare – acting as the point hospital for the South Central Kansas Healthcare Coalition – was able to assist with the Convoy of Hope, offering healthcare services to the public at Bethel Life Center.



Qualified medical providers completed about 400 physicals in less than five hours for the community at the site. Other services included preschool screenings, immunizations, hearing and dental checks.

## NEW SINGLE-DAY RADIATION TREATMENT OFFERED FOR EARLY-STAGE BREAST CANCER

Wesley Medical Center is the first – and only – hospital in Kansas to offer a new breakthrough treatment option for patients with early-stage breast cancer. The procedure, called intraoperative radiation therapy (IORT), is a one-day breast cancer treatment that offers multiple patient benefits, including added convenience, fewer treatments and reduced costs.

time of lumpectomy, targeting cancer cells and sparing healthy tissue, such as the heart, lungs and ribs. Traditional breast cancer treatment typically involves daily radiation treatment five days per week for up to eight weeks.

For women meeting selection criteria, IORT allows radiation oncologists and breast cancer surgeons to work together to deliver a full, concentrated dose of radiation in one day at the



Fighting the good fight: from left, Wichita surgeons Christina Nicholas, MD, Diane Hunt, MD, and Therese Cusick, MD, and Breast Cancer Survivor Sammie Reif, far right.

## LIVE WELL WITH DIABETES

A FREE event | Saturday, November 4, 2017 | 9 a.m. – 3 p.m.  
 K-State Research & Extension Sedgwick County Office - 7001 W. 21st St.

Presented by the Great Plains Diabetes group, this program is for Type 1 and Type 2 diabetes adults, children, families and those at risk of developing diabetes. Get ready for an empowering day where participants will learn about new advancements in diabetes control, pump and treatment demonstrations,

health and lab screens, foot checks and blood pressure testing. Keynote speaker Miss Idaho 2014 Sierra Sandison will tell about her life with Type 1 diabetes. Participants will also be able to see a farm fresh cooking demonstration from Chef Alli.

# JUST FOR LAUGHS

Wesley Friends  
550 N. Hillside  
Wichita, KS 67214-4976

RETURN SERVICE REQUESTED

PRSR STD  
US POSTAGE  
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WICHITA, KS  
PERMIT 1465

I knew that my husband's hearing had deteriorated after our friend, who is new to the city, asked where he could meet some singles. "Well," said my husband, "I see them in the Walmart parking lot diving for fries." "Dear," I intervened. "He said singles, not seagulls."



## EXPLORE WITH WESLEY FRIENDS

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